

# Community Services for Children Provider Link Newsletter ~ ELRC Region 16 October 2025

**Serving Bucks County** 

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### **Region 16 Updates**

The ELRC offices will be closed on Monday October 13th for Indigenous Peoples Day. We look forward to seeing many of you at the ELRC conference!

### **Region 16 Provider Supports**

#### **Directors Network**

something special.

The Bucks County Directors' Network meetings are the best way to stay connected to everything that is happening in the early childhood community. Quality Coaches are there to talk about STARS, OCDEL news, grants, training opportunities and much more. While county and state partners share announcements, updates, and ways to support children, families and staff. And, maybe best of all, participating directors get a chance to network and have meaningful conversations with others who share common experiences.

So, if you've never been to a Bucks County Directors' Network meeting, maybe it's time to give it a try! Meetings are held monthly and rotate between inperson and virtual. New participants will be entered into a raffle to win

Our next meeting will be held via TEAMS, on Wednesday, October 13 <sup>th</sup> at 1:00 PM. Our special guest is Jeanne Franz from the Infant Early Childhood Mental Health Consultation program at the PA Key. Please go to the Coaches' Calendar to register.

JOIN US . . . GET INSPIRED ... NETWORK . . . LEARN . . . SHARE!

• ELRC Coaches Calendar - Region 16

### **Quality Coach Community Days and Virtual Office Hours**

Your Quality Coaches are here for you! Community Days are scheduled to assist directors who may have questions, need encouragement, or are looking for new ideas. Coaches will meet you out in the community to talk about what is on your mind, and ways to meet your goals. Or if you prefer, check out Virtual Office Hours. Please see the Coaches' Calendar for locations, dates and times.

• ELRC Coaches Calendar - Region 16

### Rapid Response Team

The Rapid Response Team provides prompt support in the event a child is at risk of suspension or expulsion. It is a short-term, collaborative approach, designed to connect families and providers with existing tools and resources. Supports are customized to fit a child's or teacher's needs.



Requests can be made using this <u>RRT Referral form</u>. Referrals are processed on a first come, first served basis and we ask that providers prioritize one child referral at a time. One of the goals of the RRT is that strategies and supports will be used across classrooms at the provider so that all children and staff will benefit from these supports.

Before submitting a referral, please discuss with the parent as parental consent is required. Child observations, screenings, and parent conferences should also have been completed so that you can provide the referral coordinator with detailed information regarding the case.

If you have any questions regarding the RRT supports, please reach out to your Quality Coach.

### 2025 ELRC Fall Conference

There are only a few openings available for the Region 16 Fall Conference: Building Your Toolbox - Supporting the Social and Emotional Needs of the Children in Your Classroom. Join us for a day of learning on October 13, 2025. See the flyer for more details and to register.

Monday October 13,2025 8:30 AM - 4:00 PM

Health & Wellness Center 847 Easton Rd Warrington, PA 18976





# Building Your Toolbox - Supporting the Social and Emotional Needs of the Children in Your Classroom

### **ELRC Region 16 Fall Conference**

October 13, 2025 8:30 am - 4:00 pm

Registration required on PD Registry

Event #385080

- First session will begin promptly at 9:00 am. Late arrivals will be turned away.
- Open to all childcare classroom staff and directors from ELRC Region 16
- · 6 hours of PQAS training (must be present for full training to receive credit)
- \$15 per person
- 8:30-9:00 Registration
- 9:00-12:00 Tools for Your Toolbox (Part 1)
  - Learn what is needed to create a high quality early education classroom. How can you effectively implement
    these strategies into your classroom? Although specific strategies will be given, there will be emphasis on
    tailoring these approaches to current students' needs.
- 12:00-12:45 Lunch Provided
- 12:45 3:45 Tools for Your Toolbox (Part 2)
- 3:45 4:00 Wrap Up

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- \$15/participant includes lunch and 6 hours of Professional Development
- Conference registrations will be first come, first served.
- Participants must attend the full day to receive PD hours.



This conference is funded by the Preschool Development Grant and the Office of Child Development and Early Learning

### Bucks County Community College - Fall Open House



Want to learn what BCCC is all about? Join them on Saturday, October 18, 2025, to tour the campus, meet faculty, and learn what the college has to offer. See the flyer for more information.

Fall for Bucks County Community College

### **Bucks County Chapter of PennAEYC Pat Miiller Scholarship**

The Bucks County Chapter of PennAEYC is accepting scholarship applications from students who live or work in Bucks County and wish to pursue higher education in the early childhood field. Please see the flyer for a copy of the application.

Pat Miiller Scholarship



### Congratulations!

Congratulations to Christian Life Academy of Early Learning in Bensalem for winning the 2025 BUCKS COUNTY COMMUNITY CHOICE AWARDS for Summer Camp, Child Care and Overall

Leadership, as well as the 2025 BUCKS HAPPENING LIST for Best Place to Work in their category!

### Tender Bridges Advisory Council (TBAC) Wants YOU!

Are you a child care provider who is interested in working with local school district leadership to help children make a smooth transition into the public school setting? Do you want to know more what is being taught in the Kindergarten and first grade? Do you want to open a line of communication between your program and the local schools? Join a TBAC meeting and make these valuable connections. See the flyer for upcoming meetings and more information.

Tender Bridges Meeting Dates

### School-Age Credential Program Fall 2025

Northampton Community College is offering coursework towards the PA School-Age Professional Credential (SAPC), or as credits towards an Associate Degree in ECE. Students will receive 9 credits and will also be eligible to apply for the SAPC. The course will be taught live via Zoom starting in January



2026. Eligible students will be funded through the Rising STARS Tuition Assistance program. See the flyer for more details and for a registration link.

School Age Credential

### **ELRC Updates**

### **CCW Reminders**

- Please remember to review your invoice each month before submitting. Check that all children who are enrolled are listed and that those who have left the program, have been removed. Report any changes to your Provider Specialist.
- Please let your Provider Specialist know when there are changes to a child's enrollment. If you notice a pattern of absences, discuss with the family to see if an adjustment to their schedule is needed, rather than add to their 40-day absence count.
- If you are a new director and would like any support with Child Care Works,

reach out to your Provider Specialist or Quality Coach. They are happy to schedule a meeting with you to review processes and answer any questions you may have.



### 2025 Market Rate Survey

Providers are being asked to complete the 2025 Child Care <u>Market Rate Survey</u> between September 8 and December 8, 2025.

The Office of Child Development and Early Learning (OCDEL) is required to collect up-to-date tuition information from all licensed providers every three years. This survey helps OCDEL set child care subsidy payment rates that are reflective of the private pay market. Even if your program doesn't accept subsidies, your information is still important. When all providers complete the survey, the data gives a more accurate picture of child care tuition rates across Pennsylvania.

Why your participation matters:

- The results help set payment rates for child care subsidies over the next few years.
- When more providers respond, rates are fairer and reflect real tuition rates.
- It supports policies that better reflect the real structure and value of child care services statewide.
- It strengthens the case for public investment in child care for everyone.
- If you don't respond, decisions may be based on other programs that don't reflect your rates.

Want to know more? OCDEL Bureau of Certification has released a Podcast to discuss the benefits of the Market Rate Survey and how it directly affects child care providers. Listen here.

### **Supports for Spanish Speaking Providers**

Sept. 15<sup>th</sup> – Oct. 15<sup>th</sup> is Hispanic Heritage Month.



Oct. 15: ECE Fellowship Info Session (virtual) – 7 PM. Click here to register.

First Up's ECE Advocacy Fellowship, is designed to educate, connect, and support emerging leaders who are passionate about driving positive change in early childhood education. Recruitment has begun for this 2026 program. To better serve our diverse community, this program will be offered in English and Spanish, please see flyers:

- ECE Fellowship (Spanish)
- ECE Fellowship (English)

Oct. 16: ECE Latinos Roundtable – 1 PM. Spanish ECE providers can gather virtually to hear updates regarding state budget and resources for their programs. Registration <u>link</u>.

### **STARS Continuous Quality Improvement Awards!**

Keystone STARS Continuous Quality Improvement Award acceptance letters have been sent to all eligible STAR 2, 3 & 4 providers. The intent of the award is to improve, support, and recognize the quality of Pennsylvania's early learning and school-age programs that are invested in the Keystone STARS Program.

Providers in ELRC Regions 11,12, 13, 14 & 16 were emailed their acceptance letter. If you are expecting a letter but did not receive it, please reach out to your Quality Coach.

Providers should complete their acceptance letter and email back to <u>elrc-ksgrants@cscinc.org</u>. All acceptance letters must be returned by December 1, 2025.

For full details, please see the <u>Announcement ELRC #25-03, 2025-26 Keystone STARS Continuous Quality Improvement Awards</u>. This Announcement contains important information regarding general provider eligibility requirements, a policy eligibility exception for STAR 1 programs, special consideration for STAR 2 and 3 programs, award amounts, allowable expenses, ineligible expenses, processes and a timeline.



Rapid Response Team Tip of the Month Creating a classroom space to support social and emotional development

Creating a safe and inviting space in an early childhood center/program is crucial for supporting children's social and emotional development. The physical environment plays a key role in how children interact with one another, regulate their emotions, and feel a sense of belonging and security.

Create Zones for Different Activities: Designate specific areas for various activities, allowing children to choose spaces based on their emotional needs and preferences. These zones should be clearly defined but flexible.

- Quiet Zone: A calm space with soft seating, pillows, or mats where children can retreat when they need to relax, self-regulate, or reflect. It may also include calming visuals like nature scenes or soft lighting.
- Cooperative Play Zone: This is an area where children can engage in collaborative activities such as building materials, dramatic play, or group projects. Include materials like costumes, blocks, and pretend setups.
- Art & Creativity Zone: A space with easels, paper, crayons, and other creative materials where children can express their emotions through art. This zone can promote emotional expression and creativity.
- Ensure Accessibility and Comfort: Make sure the space is welcoming to children by considering their physical and emotional comfort. Use child-sized furniture like tables, chairs and cushions that make children feel comfortable.
- Warm and welcoming atmosphere: Use soft, calming colors like pastel blues, greens and yellow. These colors help create a soothing environment that is not overstimulating.
- Natural Light: Maximize natural light when possible. Natural light has a

- calming effect and helps regulate mood. Use light, sheer curtains to let in sunlight without overwhelming the space.
- Sensory-Friendly Space: Include sensory-rich materials like tactile toys, textured fabrics, calming scents (like lavender), or soft music to help children who need sensory input or who are overstimulated. This could include a small water table or soft light-up toys.

### Social-Emotional Learning (SEL) Tools

- Emotion Regulation Tools: Provide small tools such as fidget toys, stress balls or weighted blankets that help children manage their emotions.
- Social Stories and Visual Cues: Use visuals (such as posters or cards) with simple social stories or steps on how to express emotions, manage conflicts, or ask for help. This supports children's learning in social emotional regulation.

Creating a Welcoming and Warm Space for Kids in Childcare resource: <a href="https://childcaredesign.com/creating-a-welcoming-and-warm-space-for-kids-in-childcare/">https://childcaredesign.com/creating-a-welcoming-and-warm-space-for-kids-in-childcare/</a>

# PA Nutrition & Wellness Grant Application Closes 10/3!



This grant provides an opportunity to engage in a continuous quality improvement process focused on obesity prevention practices and policies within an early care and education setting. The program utilizes Go NAPSACC, an on-line, evidence-based tool, to guide self-assessment, implementation, and reflection. The process empowers program leadership and includes individualized technical assistance to increase knowledge and improve quality of practice and policy. Programs will also be linked with a Child Care Health Consultant at no cost to the site.

Please read the full grant description <u>here</u>. Interested providers must apply by Friday, October 3rd.

#### October is Farm to ECE Month



<u>Farm to ECE</u> strategies and activities for early childhood environments focus on:

- Using local food buying or using locally sourced foods in meals and snacks
- Gardening offering hands-on opportunities for growing and caring for plants
- Food, nutrition, and agriculture education teaching about healthy foods, where food comes from, and how it grows

The early years are an important time for forming taste preferences and building healthy eating habits. Farm to ECE offers several benefits, including:

- Healthier eating habits Farm to ECE encourages healthy eating habits by giving children fresh, locally sourced foods. Children are more likely to try foods they have helped grow, clean, or prepare. It's a great way to encourage them to eat more nutritious foods.
- <u>Stronger communities</u> Buying local food supports farmers and makes your community food system stronger. It also gives families and staff information about where to get local food in their community. Buying

- locally often creates a sense of belonging, especially for familiar or traditional foods that are part of children's cultures.
- <u>Mental wellness</u> Gardening can increase pride, self-confidence, and a sense of accomplishment. Garden spaces can also reduce stress, improve focus, provide teaching opportunities, build social connections, and support emotional regulation for children and staff.

Here are some tips to build your farm to ECE program:

- Use <u>state resources</u> to learn more about farm to ECE and how it fits with your program's goals. Find tools and guidance for finding activities that fit into your program activities.
- Connect with <u>Master Gardener programs</u>, cooperative extensions at universities, and local farmer associations for expert advice and support.
- Start small and build slowly. Choose one or two activities. For example, start with small container gardens or introduce locally grown fruits and vegetables with meals.
- Create a <u>pollinator garden</u> where children can experience nature, practice mindfulness, and regulate their emotions.
- Include <u>age-appropriate garden activities</u>, from infant sensory exploration to preschool projects.

### Resources to Learn More

- Farm to ECE: Getting Started
- Farm to Preschool: Local Food and Learning in Early Child Care and Education Settings
- Farm to CACFP
- Farm to Early Care and Education



### **Strengthening Business Practices**

The National Center on Early Childhood Quality Assurance is offering a curriculum series, **Strengthening Business Practices for Child Care Programs**. The training content and activities are designed to strengthen child care providers'

foundational knowledge of sound fiscal management and business operations.

The series began in September with a module on Budgets, Projections and Planning. You can still join in on the other modules. Click on each title to register:

#### Module 2- Financial Reports and Internal Controls

Monday October 13 1:00pm - 3:00pm

#### Module 3- Marketing Your Program

Monday November 10 12:30pm - 3:30pm

### Module 4- Recruiting and Retaining Staff

Monday December 8 12:30pm - 3:30pm

For future module offerings, click on this flyer

• 2025-2026 Business Practice Registration Flyer

For an overview of sessions offered, click on this flyer:

• Business Practices for Child Care Programs

### **Certification Podcast**

Preventing Child Behaviors that Challenge Us and Resources Available to Providers

In this episode, Ruby Martin, Director of the Bureau of Certification Services, will explore a variety of prevention strategies for behaviors we know are occurring in programs and potentially could cause health and safety concerns. Staci Kenney, Division Chief of Bureau of Early Intervention and Family Supports, joins to provide insight on when and how to request early intervention.

<u>Episode #6: Preventing Child Behaviors that Challenge Us and Resources</u>
Available to Providers

# Keystone STARS Tip of the Month Family Handbooks

The purpose of a family handbook is to share the policies and procedures of your program with the families that you serve. It's also an opportunity to share your program's strengths and to provide clear expectations so that families can determine if your program will be a good fit for their child.

Family handbooks should be reviewed at least annually and be revised whenever necessary. Requesting input from staff can also be helpful when updating your handbook. They may be aware of trends or concerns that could be addressed with updated policies. If your handbook has been created electronically it can easily be updated and sent out to your families.

Your family handbook is a reflection of your business, your educational philosophy and your daily policies and procedures. It provides clear communication between families, staff and the director and should be updated as needed. If you are looking for a sample handbook or want to know what policies should be included in your handbook, contact your Quality Coach who will provide a variety of samples and resources.

### Infant and Toddler Early Intervention Program

PennAEYC has created a new resource for early care and education providers and the families you serve about the Infant and Toddler Early Intervention program, which provides services to children who have or are at risk of developmental delays.

This one-page handout includes valuable information on:

- Eligibility criteria and the enrollment process
- Available services and how they can support child development
- Contact information for referrals and questions

PennAEYC Infant Toddler Early Intervention Handout



# Inclusion & Belonging for Children with Disabilities Training Series

EITA has created this series of webinars. Webinar 1, Supporting the Physical and Instructional Environment for Young Children, was held on September 19th but two more sessions are available.

### Webinar 2 - Inclusive Engagement and Joyful Learning Across Developmental Domains

October 16, 2025; 1:00pm - 2:00pm

The second webinar will guide participants to embed inclusive engagement and instructional strategies into natural routines and activities that ensure joyful learning for all children across developmental domains.

### Webinar 3 - Co-Constructing an IFSP/IEP with Families

November 13, 2025; 1:00pm - 2:00pm

The third webinar will describe how the IFSP/IEP can define and describe goals and service delivery based in rightful presence and facilitate inclusive engagement and joyful learning across developmental domains.

For PQAS hours register through the PA PD Registry: <a href="https://www.papdregistry.org/v7/trainings/search/(slider-new:386562/detail">https://www.papdregistry.org/v7/trainings/search/(slider-new:386562/detail)</a>

For general registration information and questions, contact Molly Martz at mmartz@pattan.net

### Health & Safety

### **ECELS Health & Safety Newsletter**

Early Childhood Education Linkage System (ECELS) publishes a monthly newsletter full of valuable health & safety tips, and resources for staff, children and families.



Click <u>here</u> to view their newsletters and download the most recent edition.

#### **Virtual Office Hours**

You can now connect with ECELS staff during office hours. ECELS staff can discuss any questions and concerns you may have, pertaining to healthy childcare practices. Please register for an appointment for their office hours by following this <u>link</u>. After you register, you will receive an email confirmation with your appointment information.

For a full list of topics visit their webpage.

### Fire Prevention Month

October is Fire Prevention Month! The National Fire Prevention



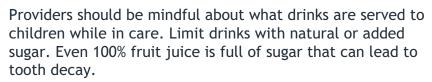
Association (NFPA) has an abundance of resources available on their website, including lesson plans and classroom activity ideas.

Fire Safety may also be an interesting parent workshop idea (STARS indicator FC3.4.6). Invite a local fire house to visit the center one evening to show the trucks to the children and ask a firefighter to discuss home fire safety with families. You can provide the

following resources and handouts to families to supplement the workshop.

- Fire Escape
- Escape Planning Tips
- Smoke Alarms at Home
- Safety Action Plan

# Oral Health Choosing Healthy Drinks for Young Children





Tips for Choosing Healthy Drinks:

- Give children plain water with fluoride. Water from the tap (faucet) is safe and cheap.
- Give children milk at scheduled meal and snack times.
- Do not lay a child down for nap with a bottle or sippy cup. If you do, the bottle or sippy cup should contain only water, nothing else.
- Give children cut-up or whole fruit instead of fruit juice.

Click here for additional resources that can be shared with families.

Want to add staff or other members of your team to this newsletter? Email <a href="mailto:estair@cscinc.org">estair@cscinc.org</a> and specify which Regional Newsletter you would like. Requests will be added to next month's distribution.

Visit ELRC Region 16

Community Services for Children | elrc16@cscinc.org | www.cscinc.org

Connect with us







Community Services for Children | 1520 Hanover Ave | Allentown, PA 18109 US



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