

September is Suicide Prevention Month



**Everyday in the U.S. over 20 veterans die of suicide.**

HELL OR HIGH SEAS is a documentary film that follows U.S. Navy veteran Taylor Grieger and writer Stephen O'Shea as they embark on the adventure of a lifetime – sailing around Cape Horn, the world's most treacherous ocean waters. A moving portrait of a veteran using his own painful journey with PTSD to find healing for himself, and pave a smoother path for veterans returning to civilian life.

**6:30 pm Thursday, September 15, 2022**

GoggleWorks Center for the Arts, Boscov Theater  
201 Washington St, Reading, PA 19601

Post-film panel discussion featuring:

- **Stacy Ayres** - Mission 22 Ambassador
- **Noreen Krymski** - Navy Veteran, Mission 22 State Rep
- **John J. Lucas** , MSW - Suicide Prevention Coord.  
Lebanon VA Medical Center



This event is free.

Seating Limited. Pre-register at:  
<https://www.eventbrite.com/e/hell-or-high-seas-film-screening-and-discussion-tickets-396867059057>

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