



Community Services for Children

Family Connection Newsletter ~ ELRC Region 11 July 2022

Serving Bradford, Sullivan, Wyoming, Luzerne, Columbia & Montour counties

Region 11 News

Si desea ver este boletín en español, haga clic [aquí](#)



WE MOVED!

ELRC Region 11 is now located at
41 South Main St., Unit C-100,
Wilkes-Barre, PA 18701

We are located in Midtown Village, next to the Boscov's Dept. Store.

Our phone, fax and email information remain the same but please use the new address for any correspondence.

570-704-5333 - phone
570-235-6949 - fax
elrc11@cscinc.org

Wilkes-Barre Kidz Fest

The ELRC was able to participate in the Midtown Village of Wilkes-Barre Kidz Fest on June 25th. This event provided families with information from local service agencies as well as fun activities for all to enjoy.

The event was put together by Diamond City Partnership. Check out their website at www.wbdcp.org for many family friendly activities happening in the Wilkes-Barre area.



Opt In for Text and Email Communications

The Early Learning Resource Center can now send you reminders about your Child Care Works case and other ELRC communications by text and email when you opt into this service.



You can accept messaging when you:

- Apply for Child Care Works via Compass
- Submit annual redetermination through Compass
- Contact your Family Specialist at the ELRC

Parenting Corner

Helping Your Child Build Relationships

Babies are born with a drive to relate to and connect with others. As they grow, they continue to develop the social skills necessary to form strong, healthy relationships throughout their lives.



Through relationships, children discover who they are and learn to understand others. When young children engage with people in positive ways, they approach the world with openness and enthusiasm and they grow to be responsive and caring people.

Tip #1 - Allow for Unstructured, Uninterrupted Time with Your Child Each Day.

Let your child be the leader in deciding what to play. Don't multi-task during this special playtime, just be there with your child one-on-one. He or she will feel loved and special with your full attention. When you have to complete daily chores or other tasks, you can stay connected with your toddler by talking with him or her and having them help with the activity by giving "jobs" they can handle. With your baby, you can narrate what you are doing and offer interesting, related objects to keep connected to you, like giving a wooden spoon to play with while you are cooking.

Check back each month for another relationship tip!

Quality Child Care



When selecting a child care provider, you should feel comfortable to ask questions to be sure you have complete confidence in the program you are choosing.

Call ahead of your visit to set an appointment time to ensure someone will be available to meet and answer all of your questions.

Some things to ask during your tour:

- Can you walk me through a typical program day?
- Where do children nap?
- What curriculum is used or can I see a lesson plan?
- How do you handle discipline?
- What do you do if a child is sick?
- How does the program encourage parental involvement?
- What kind of communication will I receive from my child's teacher?

Each provider will answer these questions differently but find a program whom answers confidently and you trust.

For more tips in selecting a quality child care program, click [here](#).

Resource & Referral

Summer Food Service Program

Throughout Pennsylvania, children and families continue to struggle with food insecurity during the summer months. These months can be especially hard for some families since schools provide a regular source of healthy meals to children during the school year.

There are options for families who still need help during the summer months, as numerous community organizations across the state and country step up to fill this need.

The link below will take you to a website that can help in finding summer meals in your area. Just click on the link below, and then click on the map in the middle of the page to be taken to the search feature.

If you do not have access to a computer or the internet, you can also call 1-866-348-6479, or text "Summer Meals" to 914-342-7744, to find locations near you.

<https://www.fns.usda.gov/sfsp/household>





Head Start & Early Head Start

Parents did you know that if you receive SNAP benefits you are now eligible to apply for Head Start/Early Head Start services?

- Head Start is a high quality early childhood education program that is no-cost to qualified families.
- If you have a food assistance debit card, a notice of approval for food assistance or other official food assistance documentation, then your child qualifies for Head Start. No proof of income is necessary.
- Head Start helps prepare children from birth to age 5 to be successful in school and offers a number of comprehensive services including nutritious meals, medical, dental, hearing, vision, behavioral health screenings, and disability and family services.
- Head Start services are offered to children in almost every county in Pennsylvania.

To find a location near you, please go to <https://eclkc.ohs.acf.hhs.gov/center-locator>.

Health & Safety

Visiting the Dentist

Children need to visit a dentist or dental clinic to keep their teeth and mouth healthy.

If children have regular dental visits, the dentist and dental hygienist can take care of their teeth and find oral health problems early.

Having regular dental visits also teaches children to value good oral health. Click [here](#) for more information and for tips about preparing your child to visit the dentist.



6 TIPS

FOR

SUMMER SAFETY

KEEPING CHILDREN SAFE THIS SUMMER



Prevent heatstroke

Look before you
lock your car.



Secure pool areas

Don't leave children
alone around water.



Protect from bug bites

Use sprays, clothing or
window screens.



Use sunscreen

Apply often when
playing or swimming.



Stay hydrated

Water is best to
stay hydrated



Keep cool

Avoid outside when
sun is hottest.

Visit
www.papromiseforchildren.com
for more tips.





Family Fun



Tissue Box Guitar

Supplies:

- Empty tissue box (the kind with the opening along the center of the box)
- Stickers and/or markers
- Rubber bands (different widths if possible)

Step 1: Decorate the tissue box using your stickers and/or markers.

Step 2: One by one, slip the rubber bands onto the tissue box (far apart from each other) so that they go over the opening in the box.

Step 3: Put on some music and have your child play along!

Visit [ELRC Region 11](#)

Community Services for Children | elrc11@cscinc.org | www.cscinc.org

Connect with us



Community Services for Children | 1520 Hanover Ave, Allentown, PA 18109

[Unsubscribe pcho@cscinc.org](mailto:pcho@cscinc.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by bestair@cscinc.org in collaboration
with



Try email marketing for free today!